# Low Maintenance, Low Watering. High Rewards Gardening

Planting of drought tolerant shrubs and perennials, bulbs, and native plants provide the foundation of a Low Maintenance Garden. Some water is required to help a plant get established, but otherwise this type of garden survives with natural rainfall, and a little additional water if plants show stress in severe drought conditions. Native plants adapted to the area can survive periods of drought more successfully than many exotic species.

During the year maintenance to the garden includes a minimal amount of pruning, spring plant division, fresh mulch, deadheading spent flower blossoms, weeding and minimal fertilizing.

As established plants spread, it is necessary to divide and remove the excess to keep the garden in balance and improve the growth of the plants. To keep the Demonstration Garden interesting the VCE JCC/W Master Gardeners will continue to try new ideas with the existing plants and introduce less common plants to the garden. This is a way to continue to learn the likes, dislikes and maintenance needs of all plants in the Low Maintenance Garden.

### Useful web sites

(all start with www.)

Virginia Cooperative Extension publications pubs.ext.vt.edu

JCSA Be Water Smart Program Jamescitycounty.gov

Virginia Dept. of Conservation and Recreation dcr.virginia.gov

Virginia Native Plant Society vnps.org

Missouri Botanical Garden (good plant search feature) Missouribotanicalgarden.org

Lady Bird Johnson Wildflower Center wildflower.org

Master Gardeners of Northern Virginia (Tried and True Plants lists for zone 7) mgnv.org

Chesapeake Watershed Native Plants Booklet <a href="mailto:nps.gov/plants/pubs/Chesapeake/pdf/">nps.gov/plants/pubs/Chesapeake/pdf/</a> <a href="mailto:chesapeake/pdf/">chesapeakenatives.pdf</a>

Clemson Cooperative Extension

<u>Clemson.edu/extension/hgic/plants/landscape/</u>



www.ext.vt.edu

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Water Wise Low Maintenance Garden

Located at the entrance to the JCC Human Services Center 5249 Olde Towne Road



This garden contains a wide variety of plant species. When visiting the garden you can view examples of many attractive, low maintenance flowering plants and shrubs that provide year-around interest.

James City County Williamsburg Master Gardeners www.jccwmg.org

### Water Wise, Low Maintenance Gardening

PROLONGED PERIODS OF DROUGHT do have an impact on native plants, but they tend to be better adapted to this climate and can tolerate its extremes. Planted in appropriate habitats, many natives will thrive in our gardens without much supplemental watering. However, even the most drought tolerant plants need to get their roots established before they can stand on their own. For best results, plant in the fall when the temperatures have dropped and the ground has more moisture in it. That way plants will be well established before hot and dry conditions return.

CHOOSE PLANTS WISELY-People tend to choose plants that they like, rather than what's suited to their yard—and then try to make up for poor habitat with extra water and fertilizer. Drought only makes it tougher on such misplaced plants. Select plants to suit the conditions in *your* yard! Choose plants appropriate for the local climate, and then plant them in the proper habitat, whether it's wet, dry, sun or shade.

one other consideration—Often what enables a plant to withstand tough conditions is the part that we can't see—the root system. Many of the toughest plants cope with the climate by having deep or wide spreading root systems capable of drawing on remote water sources, or thick fleshy roots which can store water for use during dry periods. This fact warrants careful consideration when deciding where to plant, since such plants tend to be extremely difficult to move once they get their roots established.

Janis Miller, Virginia Living Museum

## Partial List of Plants In The Water Wise, Low Maintenance Demonstration Garden

#### Common Name

Bath's Pink Blanket Flower Blue Star Butterfly Bush Butterfly Weed

Canna Chastetree Chives

Christmas Fern

Clematis, Sweet Autumn

Columbine, Wild

Cranesbill Daffodils

Daisy, Gloriosa, Black-eyed

Susan Daylily Fothergilla Hellebore

Iris, German Bearded Lamb's Ear, Woolly Betony

Meadow Saffron

Oregano Plantain Lily

Purple Cone Flower

Red-Hot Poker, Torch Flower

Russian sage

Sedum, Live-forever

Sedum

Smooth witherod

Sundrops Switch grass

Tickseed, Thread-leaved

Violets

Wild Bergamot

### **Botanical Name**

Dianthus gratianopolitanus Gaillardia 'Arizona Sun' Amsonia hubrichtii Buddleia davidii Asclepias tuberosa Canna

Vitex negundo

Allium schoenoprasum Polystichum acrostichoides

Clematis paniculata Aquilegia canadensis Geranium platypetalum

Narcissus Rudbeckia hirta

Hemerocallis Fothergilla

Helleborus x species Iris germanica Stachys lantana Colchicum autumnale Origanum vulgare

Hosta

Echinacea Rudbeckia purpurea Kniphofia uvaria 'Pfitzeri' Perovskia atriplicifolia

Sedum telephium 'Autumn Joy'

Sedum 'Stonecrop' Viburnum nudum Oenothera fruticosa Panicum virgatum Coreopsis verticillata

Viola odorata Monarda fistulosa

### **Bloom Information**

Pink/April\*

Red and Yellow/June-September

Blue/Mav\*

Purple/June-October

Orange/July

Red/August, September Lavender June –September

Purple/June-July Evergreen\*

White/August-October Red, Yellow/April Purple/April-June\* Yellow/March-April Yellow/July-August

Orange/July
White/May-June\*
Multi/February-April\*
Lavender, Gold/April
Purple/June-July\*
Lavender/September
Pink/June-July

Purple/July-October
Orange/May
Purple/July October\*

Purple/July-October\* Pink/August-September

White/May-June\* Yellow/May Red or pink/Fall\* Yellow/June-August Purple/April-May Pink/lavender - June\*

<sup>\*</sup> fall and/or winter interest