



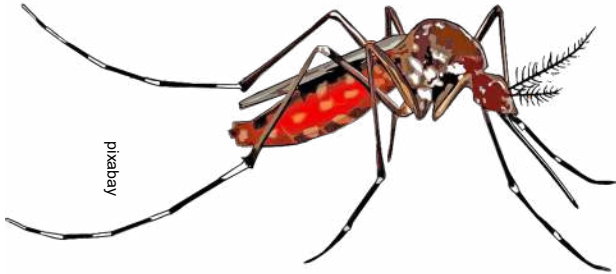
# The Colonial Master Gardener

May  
2019

PUBLICATION OF JCC/W MASTER GARDENER ASSOCIATION &  
VIRGINIA COOPERATIVE EXTENSION

## THE PRESIDENT'S MESSAGE

BY CATHY HILL



**Next Meeting:**

**Thursday, May 2**

**Speaker:  
Winnie Dunn**

**Program:  
Bonsai**

## What Just Bit Me? Two Common Insects in the Garden

I hope not many of you are like me. I can stand outside surrounded by other people, and in no time every mosquito, gnat, tick, or other biting insect will find me and no one else. The bites I get will itch for weeks. So I thought for this month's article I would look for information about some biting insects you may encounter.

The two insects we are most apt to find doing gardening chores are ticks and mosquitoes. In both cases to keep from getting bitten it is suggested to wear light-colored clothing with long sleeves and long pants. Both of these insects have the possibility of transmitting several diseases.

### TICKS

There are four ticks which are common to Virginia:

- Lone Star—Found east of the Blue Ridge
- American Dog Tick—Found west of the Blue Ridge
- Deer Tick—Found in northern and eastern Virginia
- Brown Tick—Found throughout Virginia but less common

The brown tick is not known to carry disease.

The American dog tick and the lone star tick may carry Rocky Mountain spotted fever. The tick must be attached for four-six hours to transmit this disease. Symptoms of Rocky Mountain spotted fever are: severe headache, chills, fever, nausea, vomiting, and other flu-like symptoms. This can occur two-twelve days after bite. On third day a red rash may occur on wrist and ankle. There is a blood test for this, and there is a high cure rate if antibiotics are taken early.

The deer tick carries the potential for Lyme disease. This tick must be attached for more than thirty-six hours for disease to be transmitted. Initial symptom is an oblong rash of two or more inches with a clear center. Later, flu-like symptoms may develop and a general stiffness of neck joints.

Ticks are best removed with tweezers. Do not twist and pull slowly to avoid leaving mouth parts in the wound. Do not use nail polish, petroleum jelly, or hot matches to remove. Wash the wound with antiseptic. Kill the tick in rubbing alcohol and save for a few months in case any of the above disease symptoms occur.



*(The president's message is continued on the next page, page 2)*

## THE PRESIDENT'S MESSAGE — CONTINUED

2018  
MGA Board

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Cathy Hill

*President Elect:*  
Patsy McGrady

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Dee Arbegast

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*Past President:*  
Gary Streb

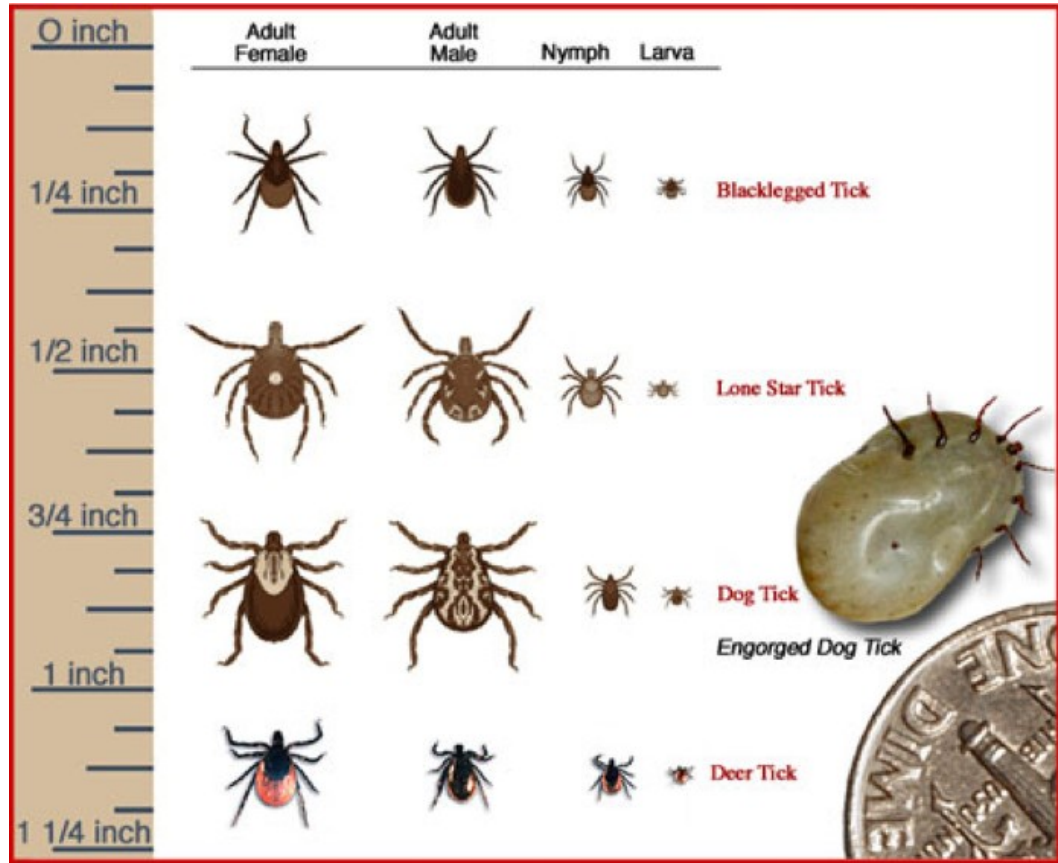
*VCE ANR Program Assistant:*  
VACANT

Newsletter Editor:  
Hope Yelich  
hopeyelich@gmail.com

The MGA board meets on the third Thursday of each month at 9:30am at the Williamsburg Regional Library, Room B, on Scotland Street, Williamsburg.

The board meetings are open to all Extension Master Gardeners, and all are encouraged to attend.

See the photo below, adapted from the U.S. Centers for Disease Control and Prevention, for tick identification.



Mosquitoes also can carry some diseases. Some things to help prevent mosquitoes in your yard are:

1. Remove standing water from bird baths, flower pots or other containers.
2. Use a repellent around your ankles, feet, lower legs and wrists. These are thin-skinned parts that mosquitoes like.
3. Stay indoors during dusk and dawn. This is prime feeding time.
4. Make yourself less appealing. Drinking a beer may attract. Body odor from working hard in the garden will attract. And unfortunately people (like me) with O blood type will attract.

Fortunately there are things we can do in our garden to repel both of these noxious insects. Both ticks and mosquitoes may be repelled by: lavender, penny royal, garlic, pyrethrum (a type of chrysanthemum), sage, and American beautyberry.

There are many flowering plants and herbs that repel mosquitoes as well as birds and bats that eat them.

I hope some of this will help keep the bug bites to a minimum for you this season.

## This Month's Speaker

Winnie Dunn has been a member of the Virginia Bonsai Society since 1985 and has been secretary for the society since 2007. Winnie mentored under Ronnie Baum for about fifteen years. She currently is also a member of the Tidewater Bonsai Club. Winnie is a long-time gardener and bonsai enthusiast with approximately ninety trees in various stages of completion.

—Hazel Braxton, VP for Internal Education

## THIS AND THAT

### Social Committee

Angela Cingale and Lyn Natanski have been organizing our social events for some time and are ready to retire. They have done a tremendous job, and I want to thank them for their hard work.

We will need someone to take over this responsibility. Please grab a friend and consider planning our next social events.

—Cathy Hill, President

### Plant Sale 2020

In what has to be the best news you'll find in this month's newsletter, we will have a plant sale next year! Busy bees Janet Smith, Liz Favre, and Marty Oakes will chair the 2020 plant sale committee. Watch for future announcements, and start thinking about how you can help make this sale the best ever.

—Hope Yelich

### Master Gardener Clothing

The deadline for ordering Master Gardener clothing is June 15. You may visit the showroom for [A Logo for You](#) to see additional items that might not be on our order site. If an item you want needs to be embroidered, you may order that directly from them.

—Cathy Hill, President

### Email Address Change for Liz Favre

I have changed my email address to

[liz.favre59@cox.net](mailto:liz.favre59@cox.net)

Please use this address for personal messages as well as for issues related to my role as treasurer. Thanks.

—Liz Favre, Treasurer



### Help For Making a PowerPoint to Enhance Your Garden Talk

A PowerPoint presentation is a great tool for communicating particularly visual information to an audience.

We have all seen engaging talks that used beautiful pictures, cartoons, or select words to highlight the message that the speaker is presenting. But first, the knowledge, enthusiasm, and even passion need to be written into the script of the talk. If you have a topic you would like to present to the EMGs or a community group, you might like to join the Speakers Bureau.

We can help you with your presentation. Angela Cingale will offer a class at the Williamsburg Regional Library for those who would like to learn to make or improve a PowerPoint presentation. The date is Friday, May 10, from 2:30 to 3:30. Class size is limited to 10. Contact Angela [arcingale@cox.net](mailto:arcingale@cox.net) to let her know of your interest.

—Kathy Bush

## UPCOMING SEMINARS, SALES, AND EDUCATIONAL OPPORTUNITIES

BY HAZEL BRAXTON, VP FOR INTERNAL EDUCATION



Photo of a maikaefer beetle, from pixabay

**May 4** (Carrollton Library, 14362 New Towne Haven Lane, Carrollton 23314). 9:00am-1:00pm. **Western Tidewater Master Gardeners Third Annual Plant Sale.** Sponsored by the WTMG and the Virginia Cooperative Extension. Rain date May 5. See the flyer at the end of this newsletter.

**May 4** (The Tent at Stonefield—The Shops at Stonefield, 2100 Hydraulic Rd, Charlottesville, 22901). 10:00am-2:00pm. **Piedmont Master Gardeners and Charlottesville Area Tree Stewards Annual Plant and Tree Sale.** Annuals, perennials, herbs, vegetables, houseplants, shrubs, trees, including a large selection of native plants as well as a variety of “green elephants” and a horticultural help desk.

**May 4** (The Community Arboretum at Virginia Western Community College, Whitman Auditorium, 3100 Colonial Ave. SW, Roanoke 24015). 9:00am—4:00pm. **2019 VMGA Educational Event.** Speakers will be: Clark BeCraft, Arboretum director, offering the welcome address; Lee Hipp on the history of the arboretum; Holly Scoggins on fifteen fantastic perennials; Stephanie Huckstein on edibles in the landscape, and Robert McDuffy on the arboretum design and garden photography. \$18 for VMGA members, \$33 for nonmembers.

**May 4** (Lafayette High School, 4460 Longhill Rd, Williamsburg 23188). **Flowers in the Forest.** 10:00am. Spring beauty and cinnamon fern should be emerging along with golden ragwort, pink lady’s slipper and adder’s tongue fern. Some of the more interesting mosses and liverworts are common, often growing on the paths. The walk is on and off the trail and boardwalks and the bottomland can be muddy, so wear appropriate clothing for the habitat and weather.

Meet Helen Hamilton in the parking lot at the front of Lafayette High School, which has easy access to the school’s Nature Trail. Register with Helen Hamilton, (757) 564-4494, or [helen48@cox.net](mailto:helen48@cox.net).

**May 18** (Freedom Park). 10:00-11:30am. **The Curious Case of the Calcareous Ravine.** Learn about the plants such as miterwort, dog violet, zig-zag goldenrod, interrupted fern, and umbrella magnolia. These plants grow in the mountains and western Piedmont, skip the eastern Piedmont, and then reappear in certain deep, moist calcareous ravines in the coastal plain. The speaker is Donna Ware, noted author and former curator of the William & Mary Herbarium. This even is part of the Learn and Grow Educational Series sponsored by the Williamsburg Botanical Garden. \$5 donation requested, and registration is required. [Register here.](#)

**May 26** (Mariners’ Museum, 100 Museum Drive, Newport News 23606). 7:00-10:00am. **Bird Watching on the Noland Trail.** Take to the trail, and join members of the Hampton Roads Bird Club for a bird-watching workshop. Learn how to identify local species and learn about their natural history. Meet at the Lions Bridge.

**June 1** (Mariners’ Museum, 100 Museum Drive, Newport News 23606). 10:00am-12:00noon. **Rain Barrel Workshops.** Learn to assemble a fifty-five gallon rain barrel that you can take home. \$60. Pre-registration is required. Call the Newport News VCE office at (757) 591-4838 for more details.

As always, don’t forget to take a look at John Freeborn’s latest biweekly update from the state EMG office. Click on <https://blogs.lt.vt.edu/mastergardener/current-master-gardeners/sample-page/bi-weekly-update/>. If that doesn’t work, click on <http://blogs.lt.vt.edu/mastergardener/>. Then click on “I am currently a Master Gardener/News/Bi-Weekly Update.”



# The Colonial Master Gardener May 2019

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## MG SEPTEMBER 2019 SOUTHERN FIELD TRIP

BY HAZEL BRAXTON, VP FOR INTERNAL EDUCATION

We are planning a bus trip to three notable gardens this September! The first stop is to the Sarah P. Duke Gardens in Durham, N.C. This the largest garden. The second garden is the North Carolina Botanical Garden in Chapel Hill, N.C., and the third site is the JC Raulston Arboretum in Raleigh, N.C. The trip will require an overnight stay; I will reserve a block of rooms near Raleigh or Chapel Hill (I'll let you know which one soon), but you will take care of your own arrangements with the hotel. Specifics:

- Dates: September 10-11, 2019
- Time and Place of Departure: 8:00am, from the W/JCC rec center
- Who Can Go: Any MG and one guest
- Cost: \$52.00 (no admission costs), plus cost of hotel
- Deadline: June 6 to reserve your place with a check for \$52 per person. The cost is nonrefundable, but it is transferable. Send your check to treasurer Liz Favre at 4419 Chickasaw Court, Williamsburg, VA 23188. Liz will also accept checks at the May 2 and June 6 monthly meetings. First come, first served.

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### The Sarah P. Duke Gardens



Lily pond in the Duke Gardens. Photo by Ildar Sagdejev, Wikimedia Commons

From the website: More than 375,000 visitors from all over the world visit Sarah P. Duke Gardens annually, enjoying its 55 acres of specialized gardens in the heart of Duke University....Founded in 1934, Duke Gardens is now considered one of the top 10 public gardens in the United States.

It features four distinct gardens, each with its own focus and flavor: the [Historic Gardens](#), including the popular Terrace Gardens, dedicated in 1939; the [H.L. Blomquist Garden of Native Plants](#), a representation of the flora of the southeastern United States; the [W.L. Culberson Asiatic Arboretum](#), devoted to plants of eastern Asia; and the [Doris Duke Center Gardens](#), including the new [Charlotte Brody Discovery Garden](#). There are five miles of allées, walks, and pathways throughout the Gardens, and many shaded benches.

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### JR Raulston Arboretum

From the website: The JC Raulston Arboretum is a nationally acclaimed garden with one of the largest and most diverse collections of landscape plants adapted for landscape use in the Southeast....Many exquisite gardens set the stage for displaying new plant introductions at the JC Raulston Arboretum. Many of these areas follow a formal design with a particular theme, while others address contemporary issues or display new techniques in landscape design. Some of the gardens were designed and built primarily by students (at NC State) in landscape horticulture classes.

### North Carolina Botanical Garden

From the website: The North Carolina Botanical Garden is part of The University of North Carolina at Chapel Hill. We further the University's mission of teaching, research, and public service....The North Carolina Botanical Garden is a "conservation garden." Our guiding mission is *to inspire understanding, appreciation, and conservation of plants and to advance a sustainable relationship between people and nature*....(It) comprises more than 1,000 acres, including 10 acres of display gardens and a number of natural areas in the Piedmont of North Carolina.

## 2019 PROJECTS REMINDER

BY JANET SMITH, VICE PRESIDENT FOR PROJECTS

As most of you know, the board spent a great deal of time last year going over each Master Gardener/VCE project. In an effort to manage projects more efficiently, the board has approved the following changes, which took effect January 1.

You can no longer add any project hours to VMS for work completed before January 1, 2019. Those “books” have been closed out. In the future, as any project comes to an end during the year, there will be approximately thirty days (barring any special situation) in which to add your hours for that project; after that it will be too late. So \*please\* enter your time into the VMS on a timely basis. This helps you *and* the organization.

As you entered your hours recently, you might have noticed “2019” following each project in the drop-down menu (for instance, Therapeutic Gardening — 2019). The board added the year after each project was approved and will continue to do so with each new year. This will enable us to view the hours for that year without having to run reports. There are now nineteen Master Gardener/VCE 2019 projects in the VMS.

Two timely reminders:

- ⇒ In order to participate in these projects, you must have filled out all the required VCE compliance forms and have completed twenty MG hours and eight continuing-education hours the previous year.
- ⇒ Only hours completed on MG/VCE-approved projects can be entered into the VMS.

We on the board appreciate your willingness to accept these changes, which will help make us an even more productive, dynamic organization.

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## GARDEN ADVICE FROM THE COLONIAL MASTER GARDENER

Excerpt from *Williamsburg's Joseph Prentis: His Monthly Kalendar & Garden Book*

### The Monthly Kalendar May 1775

“Sow Colliflower, and Cabbage Seeds.  
Last of this Month sow Brocoli\_\_\_\_Celery\_\_\_\_Cucumbers for Pickles, Endive:  
Featherfew\_\_\_\_  
Melons\_\_\_\_Peas\_\_\_\_Rhadishes twice\_\_\_\_Kidney Beans.”



The Graphics Fairy

### Brocoli

Brocoli seed both of the purple and white kinds may be sown in May and it will be advisable to sow a little of this seed at two different times in May, some time between the first and fifteenth, and between the fifteenth and thirtieth.

The Plants that are raised from the first sowing if the Winter is mild will afford Heads before Christmas, at least will head very early in the Spring. The second sowing is chiefly for spring use, and will produce fine Heads in February and March and after the heads are gone will yield abundance of fine Sprouts. The Seed ought to be sown on a Border that is not fully exposed to the Sun. In June take out from the Beds the Plants, and put them in other Beds three or four Inches apart every way water them and repeat it occasionally. Let them remain here about a Month and then Plant them out where you wish them to stand for use.

### Onions

In May the Onions should be well cleared of weeds and the Plants thinned leaving them three of four Inches asunder\_\_\_\_They may be transplanted and when growing it is of great service to loosen the Earth about them.

### Carrots

The Seed may also be sown in March, or April and will answer very well. In May your Carrots should be properly encouraged by keeping them clear of weeds and thinning them that they may grow at Top, and swell at Bottom, and in thinning they must be left at least Six Inches every way. If the Plants are used at Table they may now be thinned only about four Inches every way.

## HISTORIC TRIANGLE LEARNING GARDEN MEMORIAL BENCHES

BY BARBARA GUSTAFSON, YVONNE FORBES, AND KIMBERLY SILVER-PERRY



Art Gustafson and Richard Stratton shown at left in group photo. Richard shown at right.



As we approached our spring gardening season, the Historic Triangle Learning Gardeners wanted to appreciate those who have helped us but are no longer with us. We decided to install memorial benches within our garden to provide a place to rest and remember people special to us — in particular Art Gustafson and Richard Stratton, who were instrumental in the establishment and running of our community- education farming endeavor. The benches are sturdily constructed and are utilitarian, as befits a learning garden. They will occupy the interior corner of the garden in an “L” shape near the shed, where HTLG gardeners normally gather for meetings, instructions, and catching up with one another.

Just as our garden is a community effort, so the benches are as well! Master Gardener Kimberly Silver-Perry and her family attended the same church as Richard, where he held several leadership roles. Kim's two sons have provided free labor for construction of the benches, alongside one of their friends from church and his father, Matt Slack, who procured the materials. In fact, the design for the benches is copied from Matt's son's Eagle Scout project at the Brookdale Center nature walk, which Kim's eldest son also helped install. The benches are forty-eight inches long, sixteen inches wide, and when set in the ground, will be twenty inches off the soil, making it easier to rise from a sitting position.



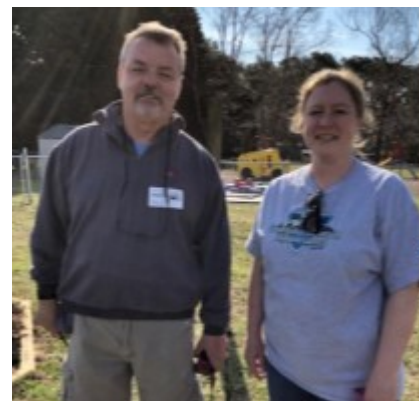
Family friend Parker and Kim's son Rand

Instead of a plaque, inscriptions will be burned into the bench seats, which is in keeping with the style of the benches and will weather well. Matt's daughter is a calligrapher and visual artist and is designing the lettering for the following two phrases that Matt will then burn onto each bench:

"The memory of a good person is a blessing" — Proverbs 10:7

James City County/Williamsburg Master Gardeners and Friends 2019

Voluntary donations from HTLG members will pay for the materials, but if anyone else would like to chip in, we would gratefully accept their kindness. Any monies received that are over and above the cost of the materials will be donated according to Richard's last wishes to the Historic Triangle Community (now Learning)



Construction supervisor Matt with Kim (top). A similar bench to ours (below)

Garden via the Master Gardener Association. To contribute to the benches themselves, you can make a check out to "JCCWMGA" with "HTLG Memorial Benches" in the memo, and either give or mail it to Kimberly Silver-Perry. Email Kim at [mo3dplus2@aol.com](mailto:mo3dplus2@aol.com) if you have questions or need additional information.

The benches should be fully installed and ready for use by late spring. We look forward to having many visitors come to our garden to learn, enjoy our company, and reflect on those near and dear to us. See you in the garden!



## A LOOK BACK AT SPRING FLING 2019

BY ANGELA CINGALE, SOCIAL COMMITTEE CHAIR

The Spring Fling event was held at the James City County Recreation Center on April 5. It was a celebration of JCC/W Master Gardener volunteers who enjoyed festive decorations in the two rooms. You could hear lively chatter as everyone greeted one another and also gathered around the many raffle prize tables. A PowerPoint presentation, created by Hope Yelich, was shown as the attendees arrived.

It was so much fun seeing the slides with a long history of plant sales, plant clinics, symposiums, Therapeutic Gardening, and many other different VCE projects through the years.



Our very able Spring Fling committee. Front row, left to right: Lyn Natanski, Kathy Johnson, and Angela Cingale. Back row: Anne Nielsen, Caroline Hedrick, Jan Rockoff, and Dee Arbegast.

We made our own sunshine while it was raining outside. Cathy Hill welcomed all the MGs and also presented emeritus status to Arizona-bound Master Gardeners extraordinaire Janet and John Giffin, with pins and an appreciation certificate from Virginia Tech. The function was a celebration of our James City County Williamsburg Master Gardener organization, with newly graduated interns, and “vintage” members from 1987–Jim Pressly; 1988–Nelda Pressly; 1993–Frances Knight and Sue Liddell; and 1999, Barbara Gustafson and Sally Sissel; and all other years in between!! The dedication, education, and service to the community has had an impact in the lives of the people we serve through our projects. Never forget that you are an asset, not only to our MG organization, but also to other community organizations for which we provide education and support for their programs.

Before the eating began, the JCC/W MGA had a mini-fund raiser in a form of a raffle. The idea for this originated with book donations from the libraries of the Giffins and Barbara Gustafson. We also had donations from Gary Streb, myself, and an anonymous donor. The special raffle item, a beautiful stained-glass window, was donated by Jim Pressly, which he worked on for a month with many creative hours of labor and joy. The raffle tables raised \$270, and we had a lot of fun with the winners. Our association also has lots of MGs with a wonderful senses of humor, as was displayed throughout the evening. We are wonderful volunteers who work hard but can easily enjoy a good laugh with our friends.



One of the tables loaded with raffle prizes. The Spring Fling committee made all the flowers.

*More Spring Fling on the next page, 9*



SPRING FLING 2019 — CONTINUED



The beautiful stained-glass window created by Jim Pressly.

Barbara Gustafson checking in attendees and selling raffle tickets in the reception area.



Another table filled with raffle items.

## JCC/W EXTENSION MGS AT THE WILLIAMSBURG HOME SHOW BY KATHY BUSH

On April 6 and 7 our unit was well represented at the Williamsburg Home Show, which was held in W&M's Kaplan Arena.

We connected with 150 people in our community, offering them gardening advice and answering their questions. We featured the work of Landscape Love, Turf Love, and the help desk and gave out a lot of helpful literature. We signed up fifteen homeowners for our Spring Landscape Love session, and four people showed interest in our 2020 training class.

Many in our community do not realize what a valuable asset the Virginia Cooperative Extension is for James City County and Williamsburg. When MGS reach out through the Farmers Market and these pop-up tables, we are educating our neighbors about what we can provide them to make our neighborhoods more beautiful and ecologically sound.

Many thanks to all who helped to set up, clean up, and staff our booth: Harry Fahl, Gary Streb, Marty Oakes, Yvonne Forbes, Cathy Hill, Su Carlile, Kathy Skube, Jan Rockoff, Shirley Smith, Terri Mayberry, Anne Nielsen, and Marissa Singletary.



Our table at the home show

Cathy Hill talks to an attendee.

Photos by Kathy Bush





## MATTEY'S GARDEN CELEBRATES TWENTY YEARS!

BY HOPE YELICH

Saturday, April 27, was a beautiful day in more ways than just the weather. MG volunteers, teachers, parents, civic leaders, and students joined project chair Louann Martin to say Happy Birthday to the hands-on learning garden next to Matthew Whaley Elementary School on Scotland Street.



Laura Geddy, Gale Roberts, Mary Ann Brendel, and Genrose Lashing.

The initial planning for the garden was started in 1997 by Mary Ann Brendel of the Williamsburg Garden Club. She contacted the school to participate in the "Roots and Shoots" program. The garden was designed by landscape designer Gale Roberts. The garden was built through the special help and contributions from eight organizations in addition to the JCC/W Master Gardeners. The garden has become a special project for the children of the school. The garden was dedicated in 1999 and was awarded the Beautification Award by the City of Williamsburg in 2001.

Matthey's Garden's programs are taught in connection with the SOLs (Standards of Learning) from the state of Virginia. Some of the areas of learning include Botany, Math,

General Science, and Entomology (study of insects). In 2018 Matthey's became a Monarch butterfly waystation.

—Excerpted from the brochure available at the program. See also this wonderful article from the Virginia Gazette, April 27, 2019: <http://www.vagazette.com/news/va-vg-matteys-garden-0425-story.html>

Enjoy these photos from the event. Unless otherwise noted, all photos are by Elvin Clapp.

The ceremonial cutting of the ribbon, from left to right: state delegate Mike Mullin, MW principal Robin Ford, Louann Martin, Genrose Lashing, Mary Ann Brendel, Gale Roberts, Laura Geddy, and MW PTA president Kate Sipes.



*Continued on the next page, page 12*



**MATTEY'S GARDEN — CONTINUED**



Some of Mattey's many MG volunteers



The Alphabet Garden's famous xylophone plant. Photo: Hope Yelich



*Continued on the next page, page 13*



## MATTEY'S GARDEN — CONTINUED



At left: state delegate Mike Mullin, Williamsburg city council member Barbara Ramsey, Louann Martin, and MW principal Robin Ford.

Below: lawn art



Below: students measure up against the sprouting banana tree. Photo: Louann Martin





## WILDFLOWER OF THE MONTH MAY 2019

BY HELEN HAMILTON  
JOHN CLAYTON CHAPTER, VIRGINIA NATIVE PLANT SOCIETY

### YELLOW TROUT LILY (DOG-TOOTH VIOLET) *Erythronium americanum*

In early spring, look for a bright yellow flower, drooping towards the ground (“its eyes look downwards”). Each stem is only four-six inches tall with a solitary flower on top. A member of the lily family, the trout lily has flower parts in threes, i. e., three yellow “sepals” and three yellow “petals” and six stamens in two circles of three. The fleshy green leaves with purple mottling are equally distinctive in the forest litter.

Because trout lilies are difficult to grow from seed, many bulb suppliers and nurseries sell the bulbs, which can be planted in the fall. **Remember to buy from nurseries that guarantee nursery-propagated seeds or plants as our native plants and habitats are at risk from being depleted.**

If left undisturbed, plants will slowly spread by underground shoots. Despite its ability to spread, the trout lily is not considered an aggressive spreader but rather a delight to have in one's garden. Trout lily grows best in moist, acidic woodland soils, but can adapt to growing in many types of gardens.

The flowers have a short life, but the leaves remain as ground cover throughout the growing season. It is important to choose an appropriate site, with sun in the spring — to warm the earth and provide enough light for the lilies to make and store food — and shade or partial shade in the summer. Trout lilies are lovely intermingled with other spring ephemerals such as bloodroot or spring beauties. They do not transplant well.

The common name refers to the appearance of the flowers during trout fishing season, and to the brown and purple spotted leaves. “Dogtooth violet” refers to the appearance of the bulbs, although



**Photo:** Yellow trout lily (*Erythronium americanum*) taken by Helen Hamilton

this plant is not related to violets. Trout lily is found throughout the state of Virginia and ranges south to Florida and Alabama.

While not recommended today because of some toxicity, Iroquois women ate the leaves to prevent conception and the plant has anti-bacterial properties.

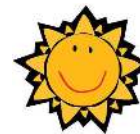
For more information about native plants, visit [www.vnps.org](http://www.vnps.org)



## Important Dates

- 5/4 WTMG Plant Sale (Carrollton)
- 5/4 Piedmont MG Plant Sale (Charlottesville)
- 5/4 VMGA Educational Event (Roanoke)
- 5/4 Flowers in the Forest (Lafayette High School)
- 5/18 Curious Case of the Calcareous Ravine (Freedom Park)
- 5/26 Bird Watching on the Noland Trail (Mariners' Museum)
- 6/1 Rain Barrel Workshops (Mariners' Museum)
- 6/17-21 International Master Gardener Conference (Valley Forge, Pa.)
- 7/19 MG Annual Picnic
- 9/19-22 Master Gardener College (Norfolk)

## SUNSHINE NOTES



The organization sends cards to members with difficult medical issues or who have experienced a death in the immediate family. We also acknowledge donations made to the association.

This month we sent thank you cards to:

The Colonial Heritage Garden Club for a donation made after a Speaker's Bureau talk

Robert and Eleanor Romadka (Harry Fahl's in laws) for a donation to Matthey's Garden

Please provide names to the EMG secretary, Jennifer Campbell, at (757) 968-9499, or [jenkcampbell@yahoo.com](mailto:jenkcampbell@yahoo.com)



pixabay

## **NEXT NEWSLETTER DEADLINE**

**The deadline for submissions to the June 2019 newsletter will be Thursday, May 23.**

**Please send any submissions to Hope Yelich, newsletter editor, at [hopeyelich@gmail.com](mailto:hopeyelich@gmail.com)**

## **JCC/W Master Gardener Mission Statement**

*The purpose of the James City County/ Williamsburg Master Gardener is to learn, educate, and communicate environmentally sound horticultural practices to the community. Trained by the Virginia Cooperative Extension, Master Gardener volunteers are committed to offering information to the public through sustainable landscape management educational programs.*

## **ABOUT THE VIRGINIA MASTER GARDENERS AND VIRGINIA COOPERATIVE EXTENSION**

Virginia Master Gardeners are volunteer educators who work within their communities to encourage and promote environmentally sound horticulture practices through sustainable landscape management education and training. As an educational program of Virginia Cooperative Extension, Virginia Master Gardeners bring the resources of Virginia's land-grant universities, Virginia Tech and Virginia State University, to the people of the commonwealth.

Virginia Cooperative Extension programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, veteran status, or any other basis protected by law. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Edwin J. Jones, Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; M. Ray McKinnie, Interim Administrator, 1890 Extension Program, Virginia State University, Petersburg.



WESTERN TIDEWATER  
MASTER GARDENERS

Third Annual

# PLANT SALE

Saturday, May 4, 2019

9 am – 1 pm\*

(Rain date May 5, 2019)

\*time change from last year

Invite your friends and bring your shopping list.  
Plants available, but not limited to:

Natives	Host	Perennials
Annuals	Shrubs	Nectar/Pollinator
Herbs	Trees	Vegetables

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Megan Wilson at 757-238-2641 Monday-Friday, noon to 5 p.m. to discuss accommodations 5 days prior to the event. TDD number is (800) 828-1120.

## LOCATION

**CARROLLTON LIBRARY**  
14362 New Towne Haven Lane  
CARROLLTON, VA  
757-238-2641

- \*Parking next to Library:  
Carrollton Elementary School
- \*Payment (cash, check)
- \*Bring a Wagon
- \*Wear garden shoes/boots
- \*Gardening information

### \*Exhibitors

Master Naturalists  
Chicken Keepers  
Butterfly Society of VA

Special thanks to  
Friends of Carrollton Library  
Raffle



Western Tidewater Master Gardener Facebook:  
<https://www.facebook.com/groups/IOWVCEMG/>

Isle of Wight County  
Virginia Cooperative Extension Office  
757-365-6261  
<http://offices.ext.vt.edu/isle-of-wight/>



Virginia Tech • Virginia State University  
[www.ext.vt.edu](http://www.ext.vt.edu)

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